

**St. Tammany Outreach for the Prevention of Suicide
(STOPS)
Is Proud to Sponsor**

***safeTALK* for 2017**

Suicide Alertness Eor Everyone

What is *safeTALK*?

safeTALK is a LivingWorks (www.livingworks.net) suicide alertness program that teaches community members to recognize persons with thoughts of suicide and to connect them to suicide intervention resources.

How does *safeTALK* help prevent suicide?

safeTALK prepares community members of all kinds to be suicide alert helpers in only a few hours. ***safeTALK*** participants are aware that opportunities to help a person with thoughts of suicide are sometimes missed, dismissed and avoided. They want persons with thoughts to invite their help. They know the *TALK* steps (*Tell, Ask, Listen* and *KeepSafe*) and can activate a suicide alert. As a part of the *KeepSafe* step, they connect persons with thoughts to persons trained in suicide intervention who complete the helping process or link the person with more specialized help. ***safeTALK*** is designed to be used in organizations and communities where there are already *ASIST*-trained caregivers.

Why was *safeTALK* developed?

safeTALK is our response to a long-known need for:

- a short program (2.5–3.5 hours)
- taught by one trainer with groups of up to 30 participants
- to learn abilities that complement the work of *ASIST* and other intervention-trained caregivers

Why should I come to *safeTALK*?

In only a few hours, you will learn how to provide practical help to persons with thoughts of suicide. Expect to leave ***safeTALK*** more willing and able to perform an important helping role for persons with thoughts of suicide.

Why is *safeTALK* for everyone?

With more suicide alert helpers, more people with thoughts of suicide will get connected to the intervention help they want. ***Suicide alert helpers are part of a suicide-safer community.***

A carefully crafted set of helping steps and the use of creative educational processes make it possible for up to 30 people in your community to leave ***safeTALK*** willing and able to be suicide alert helpers. ***safeTALK*** is the result of some 20 years of work at learning how to develop useful suicide prevention abilities in a short program.

Note: This is an educational program and is not intended in any way to provide therapy to anyone who has experienced a recent loss or who is themselves at risk for suicide. Appropriateness of training attendance is at the discretion of the ***safeTALK*** trainers.

CERTIFICATION This program has been approved for 2.5 General continuing education contact hours by the National Association of Social Workers, Louisiana Chapter as authorized by the Louisiana State Board of Social Workers Examiners, and may be applied toward the continuing education requirements for licensure renewal. No partial credit is available.

Make a difference. Come to *safeTALK*. Learn how to help.

Call Lynette Savoie, **STOPS Executive Director**, at 985-237-5506, email us at stops.la@gmail.com or visit our website at www.stops-la.com

safeTALK Registration Form
2017 Workshop:

Date:	Time:	Location:	Cost:
March 14	9am-noon	Lacombe, La	\$35.00

Pre-registration is required as class size is limited. You may register online at our website or by U.S. Mail. Participants must be **15 years of age** or older.

CEU's: Credit for 2.5 (General) CEU's has been approved by the NASW-LA Chapter. No partial credit is available.

If registering by mail, detach the form below and mail it. Keep the top for reference.

PLEASE PRINT

Name & Title (if applicable) _____

Organization _____

Address _____

City, State, Zip _____

Telephone ____ - _____ (circle) Day /Evening / Cell Other phone ____ - _____

E-mail _____

I would like to have **safeTALK** offered at my organization: _____

I heard about **safeTALK** through: _____

Mail this form, along with your check made payable to STOPS, to **STOPS at 427 N. Theard St., Private Mail Box# 500, Covington, LA 70433.**

If you are registering electronically, you may pay via PayPal. Just click on the donate button on the STOPS website. You will receive an email confirmation once your check is received or your payment is posted on PayPal.

For more information call Lynette Savoie, STOPS Executive Director, at **985-237-5506.**